
InterContinental
Natadola Bay, Fiji

28 Oct — 1 Nov
2020



nurture change

Business
Clarity
Wellbeing

Sometimes taking a step back is the best way to move forward. We understand that you know what it takes to be courageous and innovative.

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We'll transport you from the business fast lane to the tranquil shores of Fiji. At beautiful Natadola Bay you'll be greeted by the Nurture Change owners on arrival at the five-star InterContinental Fiji Golf Resort & Spa.

Get ready to spend five days being inspired by our world-class speakers and re-energised by our mind, body and mental wellbeing programme. Continue to grow and develop professionally with the sought-after business workshops and one-on-one sessions with our brilliant Nurture Change mentors.

Our business is about taking care of our business community so we've woven in plenty of opportunities to meet like-minded business individuals over breakfast, lunch, pre-dinner drinks and dinner, allowing ample time to connect, unwind and share journeys and ideas. Remember where the journey began.

Nurture Change celebrates the wins – big and small – through connection, relaxation and reflection. You'll be challenged and inspired and you'll be reminded of your company's greatest asset – you!

— your best work is done
away from the office



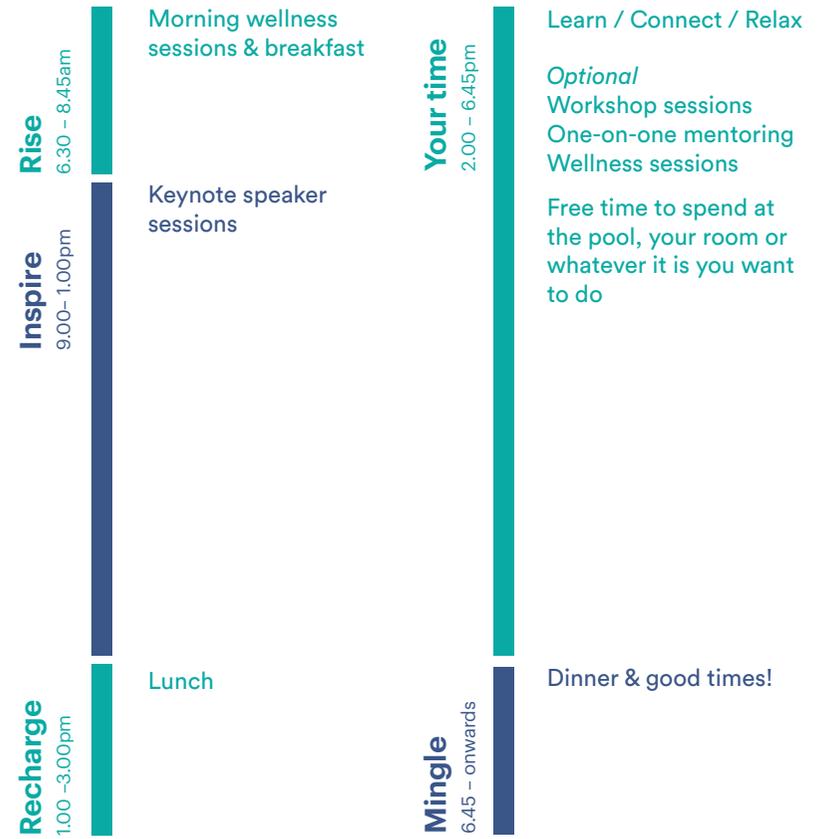
5 things you'll come away with

- 1 — A clear plan to maximise your potential and profit, both personally and professionally
- 2 — Tools and strategies to power your growth
- 3 — Access to our courageous and innovative business community
- 4 — Essential habits for a happier and more productive life
- 5 — Validation of your business journey and a discovery of what success means to you

— InterContinental Natadola Bay, Fiji



Your day at a glance



“The thing that makes Nurture Change super special is that everyone has chosen to be there – and in most cases, gone out of their way to be there. That is unique for a conference and the quality of engagement you get – the conversations – are quite unlike anything I have experienced before. It was inspiring, challenging, life altering.”



Nurture Change wellbeing & nutrition

We know taking care of business means looking after your body and mind – when you're feeling good, you're performing at your best.

Our renowned health experts deliver a wellbeing and nutrition programme that will nurture your physical, emotional and mental health. Together with the InterContinental team we've designed a five-star menu especially for Nurture Change using fresh, seasonal nutritional produce guaranteed to wow your taste buds and cater for every dietary requirement.

Our wellbeing programme includes a morning workout session run by internationally recognised performance & health coaches – the choice of light movement or yoga to get you ready for your day ahead. Our friendly team events are guaranteed to satisfy the big kid within.

Dive into Natadola Beach for a swim or snorkel among the brilliant coral or simply relax poolside or in the spa. Relax and be pampered head to toe with a private treatment at the InterContinental's renowned health spa. Enjoy a round of 18 holes on the resort's PGA-endorsed golf course – green fees apply. Unwind in the best way for you.

— Morning wellness sessions





“The location and the luxurious surroundings, the food and the total separation from daily life... The word “retreat” is really important when describing Nurture Change – it was a total life reset!”

**— Brooke,
The Virtue
& 2019 attendee**

Walk among the greats

In the tropical setting of Fiji, where we're all in beachwear and jandals, it's an even playing field. It's a time to celebrate and reflect on the journey so far.

We selected our internationally renowned speakers not only for their incredible accomplishments but also for their willingness to get alongside you throughout the week.

Once our guest speakers step away from the stage, they're eager to get to know you and learn more about your story. Like you, they understand what it takes to be courageous and innovative. For our speakers, Nurture Change is an opportunity for them to retrace those first steps, to remember where it all began, while sharing their wisdom with you and learning your story.



Meet some of our guest speakers...

Bruce Hassall Chairman of several billion-dollar companies

Bruce is the chairman of Fletcher Building, The Farmers Trading Company and Prolife Food, and an independent non-executive director of the Bank of New Zealand and Fonterra. He served for over 10 years as a member of the advisory board at the University of Auckland Business School and was a founding board member of the New Zealand China Council.

Before he started his governance career, Bruce had a 30-year career with PwC NZ, as a senior partner and the CEO. He was responsible for the executive leadership of PwC NZ, including the creation and execution of its strategy in New Zealand, and was on the PwC AsiaPac leadership team.

Bruce has extensive experience with both major public and private companies and cooperatives in a range of industries including retail and distribution, manufacturing, technology, forestry and entertainment sectors. He has extensive M&A, IPO and capital-raising experience.

Claudia Batten Digital entrepreneur

In 2002, Claudia arrived jobless in NYC having left her corporate law career in New Zealand. She didn't stay jobless for long. A serial entrepreneur, Claudia Batten has spent over 20 years in the technology sector. She was on the founding team of two start-ups which both had successful exits: Massive, a gaming ad network which Microsoft bought in 2006, and Victors & Spoils, which pioneered crowdsourcing in an advertising agency.

Today, among other pursuits, Claudia is a co-founder of Broadli, an app designed to support a giving-focused approach to networking. She was awarded a KEA World Class Award winner in 2014 and in 2013 she was awarded a Distinguished Alumni Award from Victoria University in recognition of her commitment to New Zealand and her achievements as an entrepreneur.

Claudia is a regular speaker on digital innovation, digital media and building businesses for the future. She is passionate about New Zealand claiming its place in the digital world.

Nat Cheshire Award-winning architect and future thinker

Nat Cheshire is the designer and architect behind Auckland's best-known character-defining developments, such as Britomart, City Works Depot and Morningside Precinct. Nat thinks big picture, using his talents to redefine and reshape Auckland city and forge new community hubs by thinking creatively and bravely.

Nat runs Cheshire Architects, a studio of two dozen designers, with his dad Pip, operating across an enormous breadth of types and scales. Nat leaps daily from graphic design to light fittings to basement cocktail dens to luxury retreats to whole chunks of the inner city.

Nat's work has been awarded eight Best Award gold pins in four years, he's personally won Metro's Designer of the Year twice, HOME's Home of the Year and taken out their Product of the Year twice, and made Auckland University's 40 under 40 Influencers list. His work is regularly published in global editions like *Monocle*, *Wallpaper*, *Dezeen* and *Dwell*.

Libby Babet Entrepreneur & women's advocate

For Libby, what began as a life-changing diagnosis of malignant hypertension in her early 20s turned into a life-long mission to inspire women to be happy, healthy, empowered and active. With a heartfelt mission and the determination to achieve it, Libby set out with a positive attitude, saying yes to the opportunities that came along – and now she finds herself at the helm of five successful businesses.

Libby knew that the best way for her to help people feel good about themselves and live life to the fullest was through health and fitness, so she created some unique businesses including female-only training community BUF Girls, Bondi-based athletic group-training studio AGOGA, and healthy food businesses Chief Bar, Beauty Bite and This Natural Life. Last year, Libby and husband Justin became co-owners of Nurture Group.

The successful businesswoman was a trainer on *The Biggest Loser: Transformed*, and is a best-selling author and journalist.

Ivan Seselj Founder of Promapp

Promapp is one of New Zealand's legendary SaaS global success stories with their very successful exit in 2018.

Promapp is the business process-management software of choice for organisations like Uber, Amazon, Toyota, McDonalds and Amcor. Ivan founded Promapp in Auckland in 2002 and rapidly expanded its operation internationally with offices in Sydney, Melbourne, Perth, San Francisco, Austin and London, servicing millions of users from all over the globe. Under Ivan's watchful eye, the company was consistently ranked in the Deloitte Asia Pacific Tech Fast 500.

With his experience and passion for helping teams engage and improve their business processes and performance, Ivan has helped thousands of companies around the world develop and foster a positive improvement culture.

Ivan will share his Promapp story – from start-up through to their acquisition by software giant Nintex – and all the learnings in between.



“One year on from Nurture Change, the impact on my business has been significant... with the space I got in Fiji I was able to see the simple solutions clearly.

I still reflect on my notes and strategy planning from the trip. We are a better business all round and I am a better CEO thanks to Nurture Change”



A sound investment.

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Complete each of the following sentences with 'I'.

- have plenty of excuses of why I can't step back from my business.
- genuinely deserve to give myself credit for all I have achieved so far.
- deserve to nurture my physical, emotional and mental wellbeing.
- deserve to learn from the absolute best in business the world has to offer.
- have made no other plans this year to take a few days out to think strategically about my business.

See you in Fiji.



InterContinental, Fiji

Invest in yourself.

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We take care of everything – you just need to settle your bar tab at the end!

All-inclusive packages include:

- / Return flights to Nadi departing Auckland on Air New Zealand (other cities available)
- / Flight-inclusive packages include transfer to and from the InterContinental Fiji Golf Resort & Spa Hotel
- / 4 nights of luxury 5-star accommodation at the InterContinental Fiji Golf Resort & Spa (upgrade options available)
- / Three delicious meals daily while at the retreat: dinner on day 1, breakfast, lunch and dinner on days 2, 3 & 4, breakfast on day 5. *Excludes beverages
- / Daily impact sessions with our inspirational speakers
- / One-on-one meetings with industry experts for specialised advice you'd normally be charged a fortune for
- / Workshops to school you up on tangible tools that will help you be better in business and life
- / Nightly entertainment
- / Daily fitness work-outs (optional), wellness sessions and educational opportunities
- / A customised designer journal to record your learnings and map your growth journey
- / Entry into the Nurture Change Alumni group, with access to members-only Facebook page

Early bird packages start at \$4997 per person twin share or \$5997 per person single. Secure your early bird discount by registering before 31 March.

T&Cs apply.

To customise your package or for more information, please contact hello@nurturegroup.co



Intercontinental, Fiji

Broaden your mind, stretch your body and expand your horizons.

[Register now](#)



